



## *Basil Leaves*



Basil, also called Sweet Basil, is the dried leaves of the herb *ocimum basilicum*, a member of the mint family. It is a small, bushy plant that grows to about 2 feet tall. The botanical name, *ocimum*, is derived from the Greek verb "to be fragrant."

Basil is used in tomato sauces, pestos, pizzas, and cheeses. It is also used in green Thai curry blend, bouquet garni, and Italian seasonings.



**680289 3/20 oz.**

### **Recipe Ideas: Basil Green Beans**

- 1 pound fresh or frozen green beans
- 2 teaspoons butter
- 1 teaspoon basil leaves

Wash and trim fresh beans. Simmer or steam beans until tender. Place beans in serving dish. Add butter and basil; toss to coat.